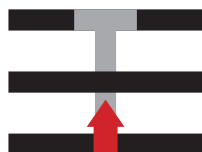
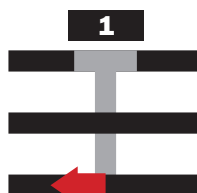


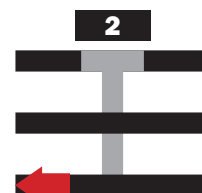
Tae Geuk Yi Jang — Form #2 (page 1 of 2)



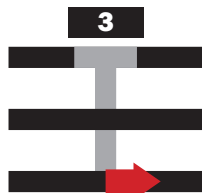
Choon bi



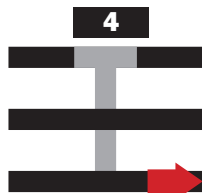
1
Turn 90° left (counter clockwise),
moving left foot into left walking
stance
Left arm low block



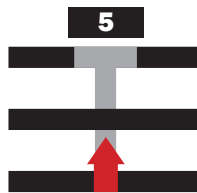
2
Step forward w/right foot
into right forward stance
Right hand middle punch



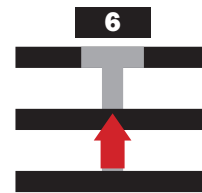
3
Step back w/right foot and turn
180° right (clockwise), moving
right foot into right walking
stance
Right arm low block



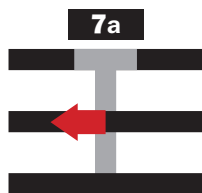
4
Step forward w/left foot
into left forward stance
Left hand middle punch



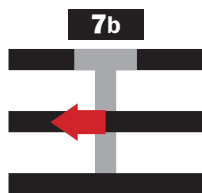
5
Turn 90° left (CCW), moving left
foot into left walking stance
Right arm out-to-in middle
block



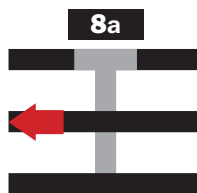
6
Step forward w/right foot into
right walking stance
Left arm out-to-in middle block



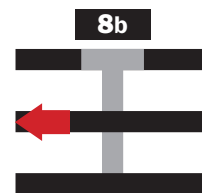
7a
From last stance, bring
rear leg (left leg) together
w/front leg, then move it
out to left side



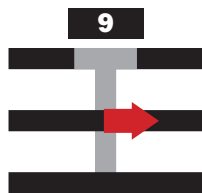
7b
Turn 90° left (CCW) into left
walking stance
Left arm low block



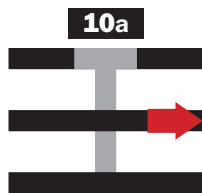
8a
Right leg front-snap kick



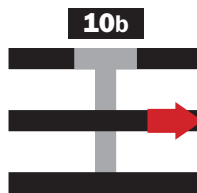
8b
Step down w/right foot
into right forward stance
Right hand high punch



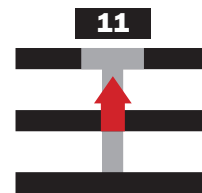
9
Step back w/right foot and turn
180° right (CW), moving right
foot into right walking stance
Right arm low block



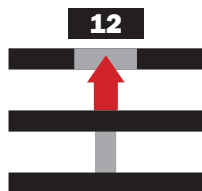
10a
Left leg front-snap kick



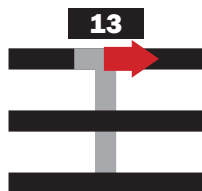
10b
Step down w/left foot into
a left forward stance
Left hand high punch



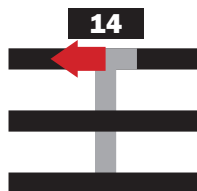
11
Turn 90° left (CCW), moving left
foot into left walking stance
Left arm high block



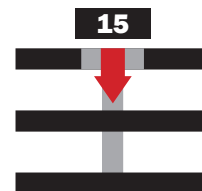
12
Step forward w/right foot
into right walking stance
Right arm high block



13
Turn 270° left, moving left foot
into left walking stance
Right arm out-to-in middle block



14
Turn 180° right, moving right
foot into right walking stance
Left arm out-to-in middle
block



15
Turn 90° left, moving left foot
into left walking stance
Left arm low block

Tae Geuk Yi Jang — Form #2 (page 2 of 2)

16a



Right leg front-snap kick

16b



Step down w/right foot
into right walking stance
Right hand middle punch

17a



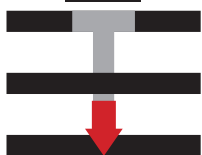
Left leg front-snap kick

17b



Step down w/left foot
into left walking stance
Left hand middle punch

18a



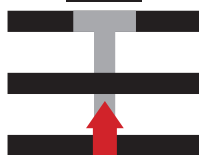
Right leg front-snap kick

18b



Step down w/right foot into
right walking stance
Right hand middle punch
KI YAP!
Turn 180° left (CCW) ...

18c



... pivoting on right foot,
bringing left foot around into
choon bi position, facing
forward as in beginning



JUNG DO KWAN
MARTIAL ARTS