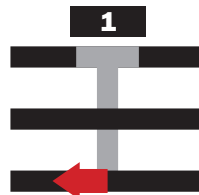


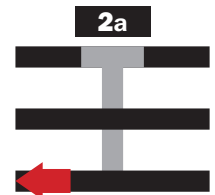
Tae Geuk Sa Jang — Form #4 (page 1 of 2)



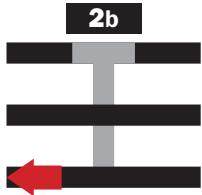
Choon bi



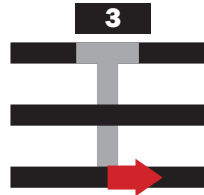
1
Turn 90° left, moving left foot into left back stance
Double knife-hand middle block (left hand forward)



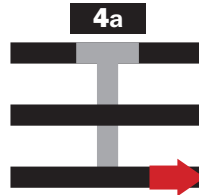
2a
Step forward w/right leg into right forward stance
Left arm palm block (move palm to this position before executing next move, nearly simultaneously)



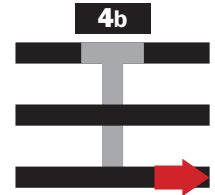
2b
Right hand middle spear-hand strike (palm vertical) w/left hand supporting right arm



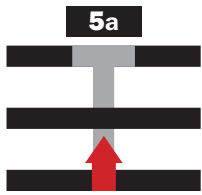
3
Turn 180° right, moving right foot into right back stance
Double knife-hand middle block (right hand forward)



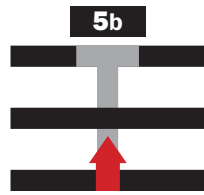
4a
Step forward w/left leg into left forward stance (right arm palm block)



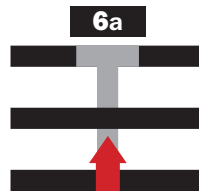
4b
Left hand middle spear-hand strike (w/right hand supporting left arm)



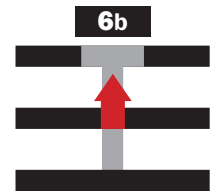
5a
Turn 90° left, moving left foot into left forward stance



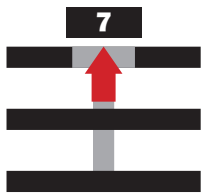
5b
Left arm knife-hand high block, w/ simultaneous right hand out-to-in high knife-hand strike (palm up)



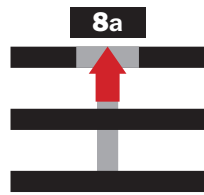
6a
Right leg front-snap kick



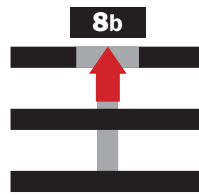
6b
Step down w/right foot into right forward stance
Left hand middle punch



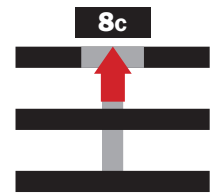
7
Left leg side kick



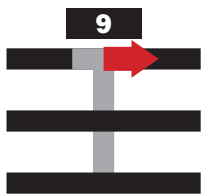
8a
Step down w/left foot
Right leg side kick



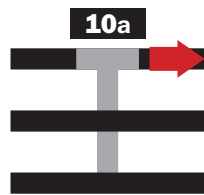
8b
Step down w/right foot into right back stance



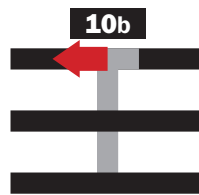
8c
Double knife-hand block (right hand forward, left hand in pit of stomach)



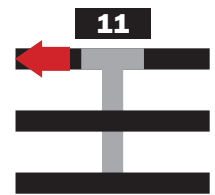
9
Turn 270° left, moving left foot into left back stance
Left arm in-to-out middle block (fist down, other fist at hip)



10a
Right leg front-snap kick

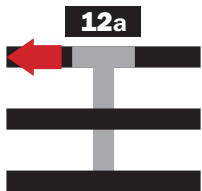


10b
Step back w/right foot into left back stance
Right arm out-to-in middle block (fist up)

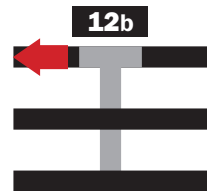


11
Turn 180° right, moving right foot into right back stance
Right arm in-to-out middle block (fist down)

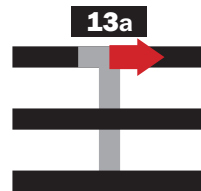
Tae Geuk Sa Jang — Form #4 (page 2 of 2)



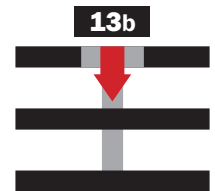
Left leg front-snap kick



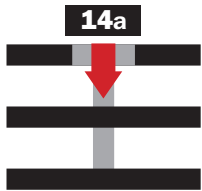
Step back w/left foot into right back stance
Left arm out-to-in middle block



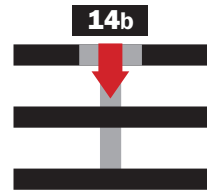
Turn 90° left, moving left foot into left forward stance (facing south)



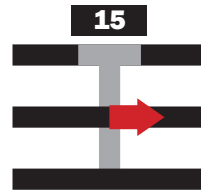
Left arm knife-hand high block w/simultaneous right hand high knife-hand out-to-in strike



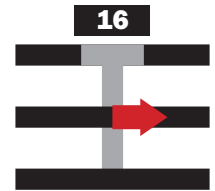
Right leg front-snap kick



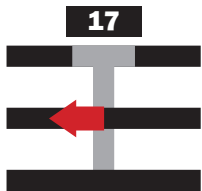
Step down w/right foot into right forward stance
Right hand back fist (attack straight forward from body, ending in position similar to end of out-to-in block) (other fist at hip)



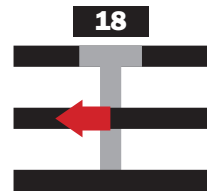
Turn 90° left, moving left foot up and out (to the east) into left walking stance
Left arm out-to-in middle block



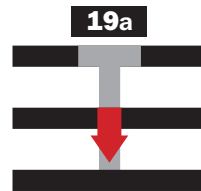
Right hand middle punch (stance stays the same)



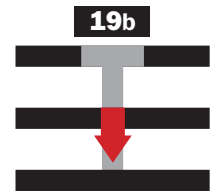
Turn 180° right, moving right foot into right walking stance
Right arm out-to-in middle block



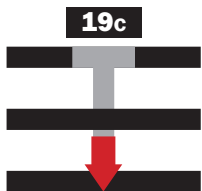
Left hand middle punch



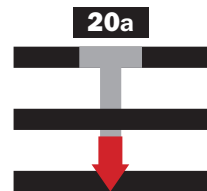
Turn 90° left, moving left foot into left forward stance (facing south)
Left arm out-to-in middle block



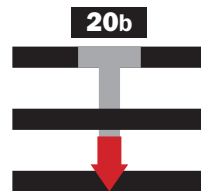
Right hand middle punch



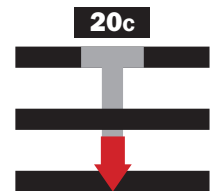
Left hand middle punch



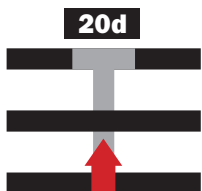
Step forward w/right foot into right forward stance
Right arm out-to-in middle block



Left hand middle punch



Right hand middle punch
KI YAP!
Turn 180° to left (CCW), pivoting on right foot ...



... bringing left foot around into **choon bi** position, facing forward as in beginning

