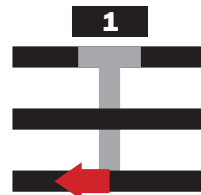


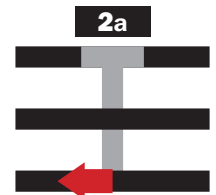
Tae Geuk Yuk Jang — Form #6 (page 1 of 2)



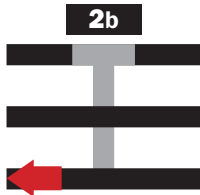
Choon bi



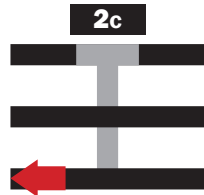
Turn 90° left, moving left foot into left forward stance
Left arm low block



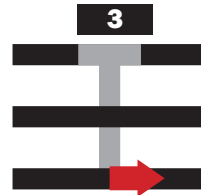
Right leg front-snap kick



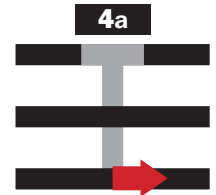
Step back w/right leg into original position, then pull left leg back slightly into left back stance (left foot stays out in front)



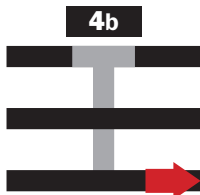
Left arm in-to-out middle block, fist palm down



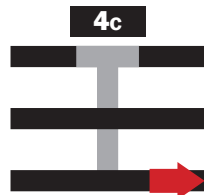
Turn body 180° right, moving right foot into right forward position
Right arm low block



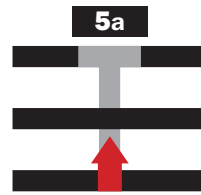
Left leg front-snap kick



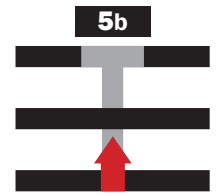
Step back w/left leg into original position, then pull right leg back slightly into right back stance



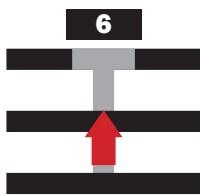
Right arm in-to-out middle block, fist palm down



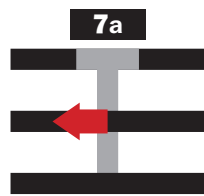
Turn 90° left (facing north), moving left foot into left forward stance



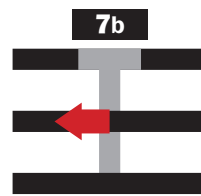
Right arm in-to-out single knife-hand block (face level, palm down, left fist at hip)



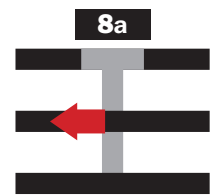
Right leg high roundhouse kick



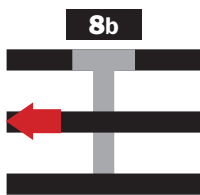
Step down w/right foot, then turn 90° left and step forward (west) w/left foot into left forward stance
Left arm in-to-out mid fist block



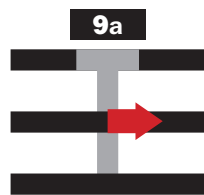
Right hand middle punch



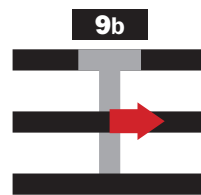
Right leg front-snap kick



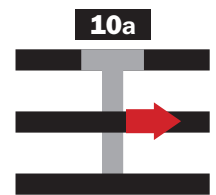
Step down w/right foot into right forward stance
Left hand middle punch



Turn 180° right, moving right foot into right forward stance
Right arm in-to-out mid fist block



Left hand middle punch



Left leg front-snap kick

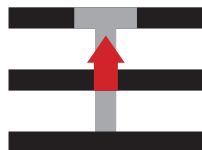
Tae Geuk Yuk Jang — Form #6 (page 2 of 2)

10b



Step down w/left foot into left forward stance
Right hand middle punch

11a



Turn 90° left, moving left leg around to a parallel stance

11b



Double low side blocks (cross fists in front of neck, heel raises, and simultaneously block downward)

12



Step forward w/right foot into right forward stance
Left arm single knife-hand in-to-out block (right fist at hip)

13



Left arm high roundhouse kick
KI YAP!

14



Step down w/left leg and turn 270° toward right, moving right leg into right forward stance
Right arm low block

15a



Left leg front-snap kick

15b



Step back w/left leg into original position, then pull right leg into right back stance
Right arm in-to-out middle block, fist palm down

16



Turn 180° toward left, moving left leg into left forward stance
Left arm low block

17a



Right leg front-snap kick

17b



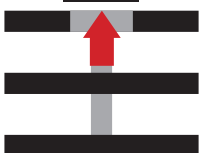
Step back w/right leg into original position, then pull left leg into left back stance
Left arm in-to-out middle block, fist palm down

18a



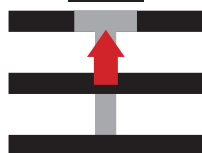
Turn 90° to left, pivoting on left foot, stepping back w/right foot into left back stance (left leg is in front)

18b



Double knife-hand block (left arm forward, right knife-hand fixed in pit of stomach, palm up)

19



Step back w/left foot into right back stance
Double knife-hand block (right arm forward, left knife-hand at stomach)

20



Step back w/right foot into left forward stance
Left arm middle palm block

21



Right hand middle punch (while pulling left hand back into fist at waist) (stance does not change from last movement)

22



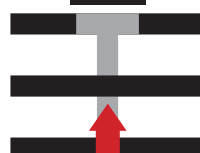
Step back w/left foot into right forward stance
Right arm middle palm block

23



Left hand middle punch (while pulling right hand back into fist at waist)
KI YAP!

24



Pull right foot back and return to **choon bi** position, facing forward as in beginning



JUNG DO KWAN
MARTIAL ARTS